



TRINITY HALL CREW SPRING 2021

The following document will provide information regarding the Trinity Hall Crew Program.

COACHING STAFF

Coach

Head Varsity Coach: Josi Shimkus

Contact Information

jshimkus@trinityhallnj.org

EQUIPMENT

Coach will provide information regarding the Trinity Hall Crew program.

PRACTICES

Facility: Practices will be on land and on the water.

Practice Schedule:

Monday/Wednesday 3:30 – 5:15 PM

Tuesday/Thursday 7:00 – 7:45 AM/5:30 AM

Saturday TBD

Location

Trinity Hall

Trinity Hall/SSYC

Trinity Hall/SSYC



@th__monarchs